











Trauma Informed Care: An Integrative Approach

http://bit.ly/HWI-Trauma-Informed

Register today!

In collaboration with Cuesta College, SLO County Behavioral Health, Transitions-Mental Health Association, Center for Family Strengthening, & SLO Trauma Informed Champions of Change.

5 FREE BBS/BRN Continuing
Education Units
Provided!

DATE: Friday 03/20/20

TIME: 9:00 AM-4:30 PM

- o 8:30 AM Sign-In & Continental Breakfast
- o Lunch Provided

LOCATION: Cuesta College CA-1 San Luis Obispo, CA Building 5400, Room 5401

Free Parking in Lot 2

Registration fees

Student \$10 Faculty/Staff \$25 Other \$40

REGISTER HERE http://bit.ly/HWI-Trauma-Informed

Who should attend:

Open to the public including: Direct Care Staff, Therapists, Counselors, Medical Doctors, Resource (Foster) Parents, Social Workers, Educators, Law Enforcement Staff, Veterans, Support Staff, Agency Supervisors and Managers, Community Members, and Students.

CEU questions?

Contact: Caroline Johnson cmjohnson@co.slo.ca.us San Luis Obispo County Behavioral Health Department

County of San Luis Obispo Behavioral Health Department is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for behavioral health professionals. County of San Luis Obispo Behavioral Heath maintains responsibility for this program/ course and its content.

Please allow 2 weeks for completion of training and evaluation to receive certificate. San Luis Obispo Co. Mental Health Provider approved by the California Board of Registered Nursing, Provider #1857, for 5 contact hours. San Luis Obispo Co. Behavioral Health meets the qualifications for 5 hours of continuing education credit for MFTs, LPCCs, and/or LCSWs as required by the California Board of Behavioral Sciences, Approval #55442.

BACKGROUND

Trauma Informed Care (TIC) integrates core principles of neurodevelopment, trauma and attachment with mindful healing to support a comprehensive approach that can be used by clients, providers, and community members.



KEYNOTE: Dr. Williams courageously shares his story of sexual exploitation at the hands of his father for 12 y ears. He uses his personal insight and educational expertise to weave the science of trauma and healing into his presentation, which serves as a call to action and a message of hope. Dr. Gregory Williams is on the Senior Leadership Team at Baylor College of Medicine's OB/ GYN Department located in Texas Children's Hospital in the heart of the Texas Medical Center in Houston.

He has a PhD in Counseling and is a well-known speaker/teacher. He is the author of "Shattered by the Darkness: Putting the Pieces Back Together After Child Abuse" that has been published by HCI publishing (the same publishers of the International Bestseller "A Child Called IT" and the "Chicken Soup for the Souls" series).

Following Keynote, participants will attend one of the previously chosen (during registration) break-out sessions that include, Trauma Informed: Medical Care; Early Childhood Education; Adolescent and Adult Education; Families; Therapy and Addiction Counseling.

TRAINERS: Gregory Williams, MD; Marjie Bowker, M.Ed; Elissa Feld, M.P.P; Lisa Frasier; Ron Huxley, LMFT; Michele Gordon Johnson, MA ECE; Katie Mervin, MA ECE; Michele Simone, LMFT; Julie Stowasser, LMFT; Denae Boggs, LMFT

Objectives:

- Increase awareness of at least 2ways that Childhood Trauma can impact an adult body based on research from Adverse Childhood Experiences.
- Recognize 2 reasons why it is important to implement Trauma Informed Care in health, early childhood, and other therapeutic industry settings and how it relates to your field.
- dentify 2 ways to reduce re-traumatization in clients, families, staff, ourselves and others in the community.



Grievance, Refunds or Cancellations? Or registration and accommodation questions contact:

Irene Ornelas, SCCRC Regional Director, Employer Engagement <u>irene.ornelas@canyons.edu</u>or 805-372-3712 This event/project/materials/product was produced pursuant to grant agreement number 19-456. This project is supported by the California Community College Chancellor's Office, Division of Workforce & Economic Development funds

awarded to College of the Canyons Community College – Regional <u>Director</u>, Employer Engagement – Health Sector.